



ESTONIAN CHAMPIONSHIPS IN ROLLER-SKIING (FIS)

AUGUST 16-18, 2024

TEHVANDI SPORTS CENTER, OTEPÄÄ

SPRINT TIMETABLE - 16.08.2024

14:30 - 16:00

15:15

15:30 - 16:00

16:15

16:30

16:45

17:00

17:15

17:30

APPROXIMATE TIMES

18:00

18:05

18:10

18:15

18:20

18:25

18:30

18:35

18:40

18:45

18:50

18:55

19:00

19:05

19:10

19:15

19:20

19:25

19:30

19:35

19:40

19:45

19:50

19:55

20:00

20:05

20:10

20:15

20:20

20:25

20:30

20:35

20:45

RACE OFFICE (BIB NUMBERS)

TEAM CAPTAINS MEETING

ROLLERSKIS TESTING

QUALIFICATION W16, W18

QUALIFICATION W, W20

QUALIFICATION M16

QUALIFICATION M18

QUALIFICATION M, M20 1. WAVE

QUALIFICATION M, M20 2. WAVE

ROOM 107

ROOM 107

15MIN PER PARTICIPANT

ROLLERSKIS MAX 10MIN BEFORE START

W16 PLACES 13-...

W16 SEMIFINAL 1

W16 SEMIFINAL 2

W18 SEMIFINAL 1

W18 SEMIFINAL 2

M16 PLACES 19-...

M16 PLACES 13-18

M16 SEMIFINAL 1

M16 SEMIFINAL 2

M18 PLACES 13-...

M18 SEMIFINAL 1

M18 SEMIFINAL 2

W, W20 HEAT 1

W, W20 HEAT 2

W, W20 HEAT 3

W, W20 HEAT 4

W, W20 HEAT 5

M, M20 HEAT 1

M, M20 HEAT 2

M, M20 HEAT 3

M, M20 HEAT 4

M, M20 HEAT 5

W, W20 SEMIFINAL 1

W, W20 SEMIFINAL 2

M, M20 SEMIFINAL 1

M, M20 SEMIFINAL 2

W16 FINAL

W18 FINAL

M16 FINAL

M18 FINAL

W, W20 FINAL

M, M20 FINAL

AWARD CEREMONY

ROLLERSKIS ONLY FOR COMPETITION

START/FINISH AREA

IMPORTANT INFORMATION

1. There will be several video referees on the track to monitor the correct usage of classical technique in skiing.

2. According to FIS rulebook :

396.2.6

Cross-Country ski poles must be used with Cross-Country skiing tips. Alternatively pole tips must have safety rigid plastic protections with diameter ≥ 30 mm. These protections must be placed maximum 45 mm above the metallic tips.

396.2.7

Safety helmets (e.g. DIN EN 1078 or equivalent) and eye protection must be worn during official training and competition.

Compliance with these rules is checked by the race technical delegate before the start.

