



# Fibenol



## FIBENOL NOORTE KARIKASARI KAHEVÕISTLUSES JA SUUSAHÜPETES 2024/2025 II ETAPP VÕRU

**DATE:** 28. September 2024

**PLACE:** Andsumäe, Võru

<u>AGE GROUP</u>	<u>YEAR OF BIRTH</u>	<u>HILL</u>	<u>CROSS-COUNTRY DISTANCE</u>
<b>YOUNGSTERS</b>	2019 and youngers	K10	No cross-country
<b>N8</b>	2017 – 2018	K10	500 m
<b>M8</b>	2017 – 2018	K10	500 m
<b>N10</b>	2015 – 2016	K10	1 km
<b>M10</b>	2015 – 2016	K15	1 km
<b>N12</b>	2013 – 2014	K15	1.5 km
<b>M12</b>	2013 – 2014	K30 (option to jump from the top)	2 km
<b>N14</b>	2011 – 2012	K30 (option to jump from the top)	2 km
<b>M14</b>	2011 – 2012	K30	3 km
<b>N OPEN CLASS</b>	2010 and older	K30	2 km
<b>M OPEN CLASS</b>	2010 and older	K30	3 km

### TIME SCHEDULE:

**11.00 - 11.50** Training

**12.00** Competition jumps K-10 hill and K-15 hill.

Following jumps on K-30 hill.

Both jumps account for ski jumping and the best jump accounts for nordic combined.

There is no trial round.

**NB! Coaches must inform any changes compared with registration sheet one hour before the competition and confirm it with a signature at the competition secretary.**

Cross-country starts 30 minutes after the last jumper at Andsumäe.





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## COMPETITORS:

The competition is in individual ski jumping and Nordic combined (MN8 – MN14 and Open class). Overall competitors make 2 jumps: **both jumps account for ski jumping and the best jump accounts for Nordic combined.**

**NB! Sliding only on the landing area of the hill does not account for competition jump.**

All competitors can take part in their age group. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

## REGISTRATION:

Registration for competition to be completed for Thursday evening 26. September 2024.

e-mail: [urve.loit@gmail.com](mailto:urve.loit@gmail.com)

**NB! Registration is filled on registration sheet.**

## AWARD CEREMONY:

Every age group is awarded.

Award ceremony starts 15 min after the competition.

## COMPETITION ORGANIZING:

Competition is organized by Estonian ski association in cooperation with Andsumäe suusaklubi and Võru Spordikool.

## INFO:

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