**FIBENOL NOORTE KARIKASARI KAHEVÕISTLUSES JA SUUSAHÜPETES 2025/2026**
**III ETAPP OTEPÄÄ**

**DATE:** 1. November 2025

**PLACE:** Apteekrimägi, Otepää

| AGE GROUP | YEAR OF BIRTH | HILL | CROSS-COUNTRY DISTANCE |
|---|---|---|---|
| **YOUNGSTERS** | 2020 and youngers | K7/K10 | No cross-country |
| **N8** | 2018 – 2019 | K10 | 500 m |
| **M8** | 2018 – 2019 | K10 | 500 m |
| **N10** | 2016 – 2017 | K10 | 1 km |
| **M10** | 2016 – 2017 | K10 | 1 km |
| **N12** | 2014 – 2015 | K10 | 1.5 km |
| **M12** | 2014 – 2015 | K25 | 2 km |
| **N14** | 2012 – 2013 | K25 | 2 km |
| **M14** | 2012 – 2013 | K25 | 3 km |
| **N OPEN CLASS** | 2011 and olders | K25 | 2 km |
| **M OPEN CLASS** | 2011 and olders | K25 | 3 km |

**TIME SCHEDULE:**

**11.00 - 11.50** Training

**12.00** Competition jumps on K-7 and K-10.

Following jumps on K-25 hill.

Both jumps account for ski jumping and the best jump accounts for nordic combined. There is no trial round.

**NB! Coaches must inform any changes compared with registration sheet one hour before the competition and confirm it with a signature at the competition secretary.**

**Cross-country starts 30 minutes after the last jumper at Apteekrimägi.**

## COMPETITORS:

The competition is in individual ski jumping and Nordic combined (MN8 – MN14 and Open class). Overall competitors make 2 jumps: **both jumps account for ski jumping and the best jump accounts for Nordic combined.**

**NB! Sliding only on the landing area of the hill does not account for competition jump.**

All competitors can take part in their age group. According to the general Youth Cup guide, an athlete can compete on a smaller hill than his/her age group but the points are accounted as if he/she had jumped on his/her designated hill. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

## REGISTRATION:

Registration for competition to be completed for Thursday evening 30. October 2025.
e-mail: urve.loit@gmail.com

**NB! Registration is filled on registration sheet.**

## AWARD CEREMONY:

Every age group is awarded.
Award ceremony starts 15 min after the competition.

## COMPETITION ORGANIZING:

Competition is organized by Estonian ski association in cooperation with Otepää spordiklubi.

## INFO:

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