



## ESL KARIKASARI KAHEVÕISTLUSES JA SUUSAHÜPETES 2017/2018 IV ETAPP OTEPÄÄ

**Date:** 30. December 2017

**Place:** Apteekrimägi, Otepää

### **Age groups:**

- N8 - 2010.a. and youngers (hill – K7)
- M8 - 2010.a. and youngers (hill – K7)
- N10 - 2008.a. – 2009.a. (hill – K10)
- M10 - 2008.a. - 2009.a. born (hill – K10)
- N12 – 2006.a. – 2007.a. born (hill – K15)
- M12 – 2006.a. - 2007.a. born ( hill – K15)
- N14 - 2004.a. - 2005.a. born (hill – K25)
- M14 – 2004.a. – 2005.a. born (hill – K25)
- Free class 2003.a. and olders (hill – K25)

### **Time schedule:**

**11.00 – 11.45** Training, 2 jumps

**12.00** Competition jumps K-7 and K-10, following jumps on K-15 and K-25 hill.  
First and second jump account for ski jumping and third jump for nordic combined.  
There is no trial round.

**Cross-country starts 1 hour after the last jumper near the biathlon shooting range on marathon ski track.**

### **Distances:**

- M8, N8 – 500 m
- M10, N10 - 1 km
- M12, N12 – 2 km
- M14, N14 and free class – 3 km



### **Competitors:**

Competition is in individual ski jumping and Nordic combined (MN8 – MN14 and Free class). Overall competitors make 3 jumps: **1. ja 2. jump account for ski jumping and 3. Jump for Nordic combined.**

All competitors can take part in their age group. Older athletes can compete outside their age group or in Free class. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

### **Registration:**

Registration for competition to be completed for Thursday evening 28th December 2017.

e-mail: [urve.loit@gmail.com](mailto:urve.loit@gmail.com)

**NB! Registration is filled on registration sheet.**

### **Award ceremony:**

Every age group is awarded.

Award ceremony starts 15 min after the competition.

### **Competition organizing:**

Competition is organized by Estonian ski association in cooperation with Põhjakotkas Otepää suusaklubi.

### **Info:**

Karl Mustjõgi

Chief Organizer

+372 5627 5604

[karl.mustjogi@gmail.com](mailto:karl.mustjogi@gmail.com)