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Postimees

<b>Competition:</b>	<b>ESTONIAN CHAMPIONSHIPS IN CROSS-COUNTRY SKIING</b> W/W23 10km F, M/M23 15km F (FIS race) W16/M16, W18/M18, W20/M20 Sprint F W/W23 7,5+7,5km and M/M23 15+15km Skiathlom (FIS race) W20 5+5km and M20 10+10km Skiathlom			
<b>Venue:</b>	<b>January 13th &amp; 14th, 2018 Haanja</b>			
<b><u>COMPETITION INSTRUCTIONS</u></b>				
<b>1. ORGANIZER:</b>	Haanja Ski Club			
	<b>Responsibility</b>	<b>Name</b>	<b>E-mail</b>	<b>Phone</b>
<b>2. Organizing committee:</b>	<b>Chief of competition:</b>	Aare Eiche	<a href="mailto:aare.eiche@elektrilevi.ee">aare.eiche@elektrilevi.ee</a>	+3725296194
	<b>Secretary:</b>	Merike Õun	<a href="mailto:merike.oun@gmail.com">merike.oun@gmail.com</a>	+3725165720
	<b>Head of tracks:</b>	Priit Küppar	<a href="mailto:priit@haanja.ee">priit@haanja.ee</a>	+37253097120
	<b>Chief of timing:</b>	Vahur Leemets	<a href="mailto:registreerimine@nelson.ee">registreerimine@nelson.ee</a>	+37256495439
	<b>Estonian Ski Association Technical Delegate:</b>	Anniki Inno	<a href="mailto:anniki.inno@gmail.com">anniki.inno@gmail.com</a>	+37253620606
	<b>ESL (TD assistant)</b>	Jaak Mae	<a href="mailto:jaak@tehvandi.ee">jaak@tehvandi.ee</a>	+3725072901
<b>3. Program</b>	<b>Date</b>	<b>Time</b>	<b>Characteristics; place of competition</b>	
<b>3.1. Race office</b>	12.01.2018	14.30-20.00	RACE OFFICE – Haanja Shooting range office	
	13.01.2018	8.00-18.00		
	14.01.2018	9.00-16.00		
<b>Official training</b>	12.01.2018	15.20		
<b>3.2 TCM meeting</b>	12.01.2018	18.00	Haanja Shooting range office	
	13.01.2018	8.45	Haanja Shooting range office	
	14.01.2018	9.15	Haanja Shooting range office	
<b>3.3 Events program</b>	13.01.2018	8.00	Race numbers from office	
		8.45	TCM meeting	
		8.00-9.25	Race track is opened for warm-up	
		<b>9.30</b>	<b>M20 Sprint Free Q</b> <b>M18 Sprint Free Q</b> <b>W20 Sprint Free Q</b> <b>W18 Sprint Free Q</b> <b>M16 Sprint Free Q</b> <b>W16 Sprint Free Q</b>	
		<b>13.00</b>	<b>Sprint Finals</b>  16 best from Q advance to sprint finals	
		<b>11.00</b> <b>11.45</b>	<b>Ladies 10km Free (4 x 2,5 km)</b> <b>Men 15km Free (6 x 2,5 km)</b>	
		15 minutes after the last finisher	Winners ceremony	



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	14.01.2018	8.30 9.15	Race numbers from office TCM meeting	
	14.01.2018	<b>10.00</b> <b>11.30</b> <b>13.30</b> <b>14.30</b>	<b>Ladies/W23 7,5km CL+7,5km F Skiathlom</b> <b>Men/M23 15km CL+15km Free Skiathlom</b> <b>W20 5km CL+5km Free Skiathlom</b> <b>M20 10km CL+10km Free Skiathlom</b>	
		15 minutes after the last finisher	Winners ceremony	
<b>4. Participants</b>	Estonian open championships can be participated by the athletes undergone healthcheck, the state of health and preparation is in accordance with racing the distance. Competitors participate at their own risk (under aged – parents or persons authorised). For all Estonian competitors form age group N18/M18 is Estonian Ski Association licence obligatory			
<b>5. Participation fee</b>	<b>All competitors - 15,00 €</b> Start fee has to be transferred latest at 18.00, 12.01.2018 Haanja Suusaklubi MTÜ EE621010402007152002 <ul style="list-style-type: none"> <li>Information or invoice applications: <a href="mailto:aare.eiche@elektrilevi.ee">aare.eiche@elektrilevi.ee</a></li> </ul>			
<b>6. Registration</b>	<b>Registration of individual competitors by 18.00, 11.01.2018</b> e-mail: <a href="mailto:registreerumine@nelson.ee">registreerumine@nelson.ee</a> Please send FIS form!			
<b>7. Awards</b>	Three best of each group according to the instructions of EMV. Winners ceremony – all age groups - 15 minutes after the last competitor's finish.			
<b>8. Track and ski stadium</b>	Start-finish: Haanja Biathlon shooting range. All lap lengths, numbers and course schemes are presented at TCM meeting			
<b>9. Warm-up and relaxing</b>	Race tracks are closed 5min prior to the first start and reopened after the last athletes finish. Warm-up tracks are according to the map, presented at TCM meeting			
<b>10. Service rooms</b>	Ski service rooms (Haanja School) are 15€ per day. Rooms must bebooked one day before competiton start. Kadri Parts, <a href="mailto:kadriparts73@gmail.com">kadriparts73@gmail.com</a> , 5267027. Ski service rooms are opened at 7.30am. Payment of ski service rooms: Haanja Suusaklubi MTÜ EE62101402007152002			
<b>11. Protests</b>	According to the Estonian Championships overall manual 2017/2018			
<b>12. Other</b>	Cases not regulated by instructions above are solved by the organising committee or jury			
<b>13. Info</b>	In Haanja Ski Center pub is opened every day form 11 a.m. Changing rooms and WC is located at Haanja Ski Center (entering from the ski rental door) and will be opened the same time as Race Office			
<b>14. Jury</b>				
	<b>responsibility</b>	<b>name</b>	<b>e-mail</b>	<b>telefoni nr</b>
1.	TD	Anniki Inno	<a href="mailto:anniki.inno@gmail.com">anniki.inno@gmail.com</a>	+37253620606
2.	Chief of competition	Aare Eiche	<a href="mailto:aare.eiche@elektrilevi.ee">aare.eiche@elektrilevi.ee</a>	+3725296194
3.	ESL (TD assistant)	Jaak Mae	<a href="mailto:jaak@tehvandi.ee">jaak@tehvandi.ee</a>	+3725072901
<b>15. Instructions compiled</b>	<b>name</b>	<b>e-mail</b>		<b>phone nr</b>
	Aare Eiche	<a href="mailto:aare.eiche@elektrilevi.ee">aare.eiche@elektrilevi.ee</a>		+3725296194



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