



**ESL KARIKASARI KAHEVÕISTLUSES JA SUUSAHÜPETES 2017/2018
I ETAPP TÖNU HALJANDI MÄLESTUSVÕISTLUSED
ELVA**

Date: 18. August 2018

Place: Elva hüppemägi

Age groups:

N8 - 2011.a. and youngers (hill – K10)
M8 - 2011.a. and youngers (hill – K10)
N10 - 2009.a. – 2010.a. born (hill – K10)
M10 - 2009.a. – 2010.a. born (hill – K10)
N12 – 2007.a. – 2008.a. born (hill – K25)
M12 – 2007.a. – 2008.a. born (hill – K25)
N14 - 2005.a. – 2006.a. born (hill – K25)
M14 – 2005.a. – 2006.a. born (hill – K25)
Open class 2004.a. and olders (hill – K25)

Time schedule:

11.00 - 12.00 K-10 ja K-25 training

12.00 Competition jumps K-10 hill

Following jumps on K-25 hill.

First and second jump account for ski jumping and third jump for nordic combined.

There is no trial round.

NB! Coaches must confirm the start list of the club's athletes at the competition secretary with a signature one hour before competition.

Cross-country starts 45 minutes after the last jumper at Elva stadium.

Distances:

M8, N8 – 500 m

M10, N10 – 1 km

M12, N12 – 2 km

M14, N14 and open class – 3 km



Competitors:

Competition is in individual ski jumping and Nordic combined (MN8 – MN14 and Free class). Overall competitors make 3 jumps: **1. ja 2. jump account for ski jumping and 3. Jump for Nordic combined.**

NB! Sliding only on the landing area of the hill does not account for competition jump.

All competitors can take part in their age group. Older athletes can compete outside their age group or in Free class. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

Registration:

Registration for competition to be completed for Thursday evening 16. August 2018
e-mail: urve.loit@gmail.com

NB! Registration is filled on registration sheet.

Award ceremony:

Every age group is awarded.
Award ceremony starts 15 min after the competition.

Competition organizing:

Competition is organized by Estonian ski association in cooperation with Elva suusaklubi.

Info:

Karl Mustjõgi
Chief Organizer
+372 5627 5604
karl.mustjogi@gmail.com