















ESL KARIKASARI KAHEVÕISTLUSES JA SUUSAHÜPETES 2019/2020 II ETAPP OTEPÄÄ

Date: 29. September 2019

Place: Apteekrimägi, Otepää

Age groups:

N8 - 2012.a. and youngers (hill - K7)

M8 - 2012.a. and youngers (hill - K7)

N10 - 2010.a. - 2011.a. born (hill - K10)

M10 - 2010.a. - 2011.a. born (hill - K10)

N12 - 2008.a. - 2009.a. born (hill - K10)

M12 - 2008.a. - 2009.a. born (hill - K25)

N14 - 2006.a. - 2007.a. born (hill - K25)

M14 - 2006.a. - 2007.a. born (hill - K40)

Open class 2005.a. and olders (hill – K40)

Time schedule:

11.00 – 12.00 K-7, K-10, K-25 and K-40 training.

12.00 Competition jumps K-7 and K-10 hill.

Following jumps on K-25 hill. Following jumps on K-40 hill.

First jump is trial round, second and third jump account for ski jumping.

NB! Coaches must inform any changes compared with registration sheet one hour before the competition and confirm it with a signature at the competition secretary.

















Competitors:

Competition is in individual ski jumping (MN8 – MN14 and Open class). Overall competitors make 3 jumps: 1. Jump is trial, 2. and 3. jump account for ski jumping.

NB! Sliding only on the landing area of the hill does not account for competition jump.

All competitors can take part in their age group. Older athletes can compete outside their age group or in Free class. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

Registration:

Registration for competition to be completed for Thursday evening 26. September 2019. e-mail: urve.loit@gmail.com

NB! Registration is filled on registration sheet.

Award ceremony:

Every age group is awarded. Award ceremony starts 15 min after the competition.

Competition organizing:

Competition is organized by Estonian ski association in cooperation with Põhjakotkas Otepää.

Info:

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