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## ESL KARIKASARI KAHEVÖISTLUSES JA SUUSAHÜPETES 2019/2020 IX ETAPP OTEPÄÄ

**Date:** 15. March 2020

**Place:** Apteekrimägi, Otepää

### **Age groups:**

N8 - 2012.a. and younger (hill – K7)

M8 - 2012.a. and younger (hill – K7)

N10 - 2010.a. – 2011.a. born (hill – K10)

M10 - 2010.a. – 2011.a. born (hill – K10)

N12 – 2008.a. – 2009.a. born (hill – K10)

M12 – 2008.a. – 2009.a. born ( hill – K25)

N14 - 2006.a. – 2007.a. born (hill – K25)

M14 – 2006.a. – 2007.a. born (hill – K25)

Open class 2005.a. and older (hill – K25)

### **Time schedule:**

**11.00 – 12.00** K-7, K-10 and K-25 training.

**12.00** Competition jumps K-7 and K-10 hill.

Following jumps on K-25 hill.

First and second jump account for ski jumping.

**NB! Coaches must inform any changes compared with registration sheet one hour before the competition and confirm it with a signature at the competition secretary.**



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### **Competitors:**

Competition is in individual ski jumping (MN8 – MN14 and Open class). Overall competitors make 2 jumps: **both jumps account for ski jumping.**

**NB! Sliding only on the landing area of the hill does not account for competition jump.**

All competitors can take part in their age group. Older athletes can compete outside their age group or in Free class. All athletes must have sufficient training which will be confirmed by the coach with signature on registration sheet. All competitors must wear a helmet.

### **Registration:**

Registration for competition to be completed for Thursday evening 12. March 2020.  
e-mail: [urve.loit@gmail.com](mailto:urve.loit@gmail.com)

**NB! Registration is filled on registration sheet.**

### **Award ceremony:**

Every age group is awarded.  
Award ceremony starts 15 min after the competition.

### **Competition organizing:**

Competition is organized by Estonian ski association in cooperation with Põhjakotkas Otepää.

### **Info:**

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