



FIS SCANDINAVIAN CUP

OTEPÄÄ / ESTONIA
MARCH 11-13 2016

TEAM CAPTAINS MEETING / **SPRINT**

10.03.2016 / 18:00

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AGENDA

- ROLL CALL
- INTRODUCTION AND APPOINTMENT OF JURY
- EVENT PROGRAM
- WEATHER FORECAST
- CHECKING OF THE ENTRIES OR GROUPING
- START LIST COMPOSITION
- DESCRIPTION OF THE STADIUM
- DESCRIPTION OF THE COURSE
- PREPARATION OF THE COURSE
- SKI TESTING REGULATIONS
- TIMES AND COURSES FOR TRAINING AND WARM UP
- COURSE PREPARATION AND GROOMING
- GENERAL INFORMATION FROM THE TD
- GENERAL INFORMATION FROM THE ORGANIZER

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ROLL CALL

- NORWAY
- SWEDEN
- FINLAND
- ISLAND
- LATVIA
- LITHUANIA
- ESTONIA



MEMBERS OF THE JURY

- FIS TD- HARJU JOUNI (FIN)
- TD assistant- JANIS PUIDA (LAT)
- Chief of competition- NEEME ERNITS (EST)

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EVENT PROGRAM 11.03.2016

- 8:30- 14:00 and 15:00-18:00** Race Office open
- 8:30-9:50** Warm up in 1,3 km and 1,5 km sprint courses
- 10:00** W SPINT F QUAL START 1,3 km
- 10:30** M SPRINT F QUAL START 1,5 km
- 11:30** TCM II
- 12:00** W SPRINT ¼ FINAL
- 12:25** M SPRINT ¼ FINAL
- 12:55** W SPRINT ½ FINAL
- 13:05** M SPRINT ½ FINAL
- 13:20** W SPRINT FINAL
- 13:30** M SPRINT FINAL
- 13:50** PRIZE GIVING CEREMONY AT THE STADIUM
- 16:00- 18:00** OFFICIAL TRAINING CL
- 18:00** TCM for W 5km/ M 10km CL IND.



COURSE PREPARATION AND GROOMING

- W- 1,3 km; M-1,5 km
- Extra corridor for qualification
- 6 corridors/gates for sprint heats (1,8 m each, 20m long)
- Finish- 4 corridors (3,0 m each)



INFORMATION

<http://www.suusaliit.ee/et/scandcup2016>

CONTACTS

1. Chief of competition: Neeme Ernits +372 50 64 950; neeme@tehvandi.ee
2. Chief of Race Office: Merike Õun +372 5165 720; merike.oun@gmail.com
3. Finance: Ülle Viinapuu +372 50 51 171; ylle@suusaliit.ee
4. Timing: Vahur Leemets/Timo Õun; registreerumine@nelson.ee